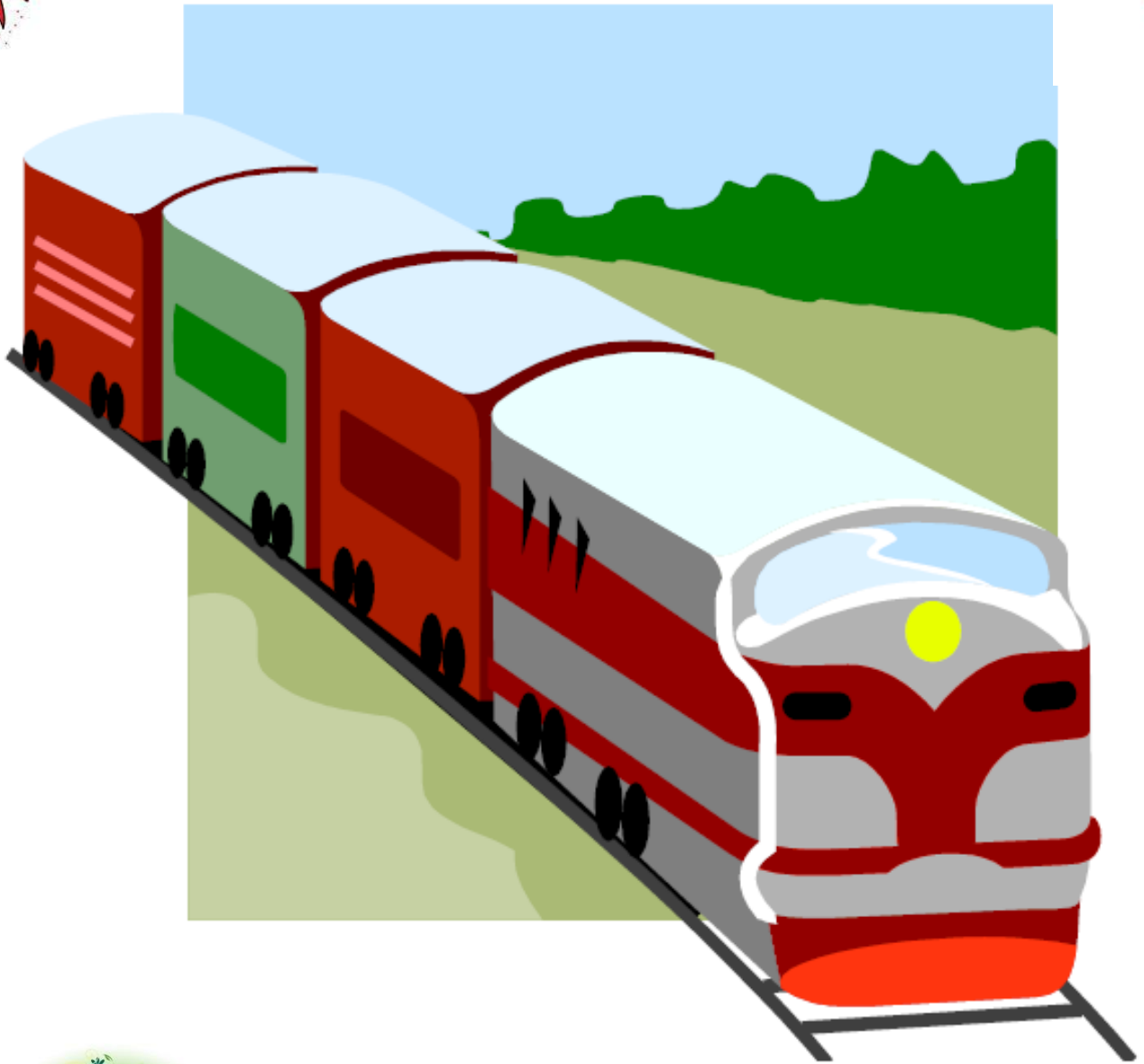
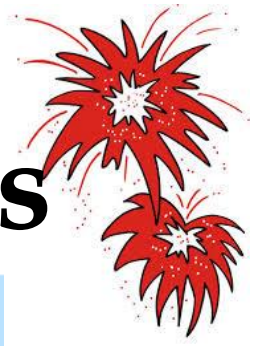


# Residential Express



2018  
Issue -144



### **Volunteer Board of Directors**

President – Jerry Kirkpatrick  
Vice President – Monik Gagnon  
Treasurer – Patricia Maidment  
Secretary – Margie McFee  
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Dave Tripp  
Marianne Mephram-Newton  
Lyne Brewer

### **Team Building/Facilitators**

Lori Allain  
Marlene Harrity  
Lyne LeBlanc  
Tracy Leblanc  
Natalie Lutes  
Alvera Banyieyako  
Luanne Rafferty  
Nina LeBlanc  
Ronda Saulnier  
Yannik Cuma  
Donna Crossman



### **Health-Safety**

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Alison Caissie  
Natalie Lutes  
George MacDonald  
Jennifer Cyr  
Pauline Goguen  
Jody Nielsen  
Melanie Martin  
Mavis Rodriguez

[monctoncommunityresidences.com](http://monctoncommunityresidences.com)

### **Joke of the month**

When my baby granddaughter LeeAnn came home from the hospital, the aunts, uncles and cousins were there to greet her.

I showed her cousin Alex the baby and told him, “This is Grandma’s girl.” Alex replied, “You are not her grandma; she doesn’t even know you.”



### **Mission Statement**

*Moncton Community Residences Incorporated is a non-profit organization that provides residential options and support for individuals with developmental challenges in the various aspects of their progressing lives.*



# *Message from the CEO*

This past fiscal year has been one of the most challenging for MCRI and although MCRI is fortunate to have a solid financial foundation and a wealth of exceptional people it is clear that the organization will continue to have many more difficult challenges to face.

MCRI continues to provide successful children's services at our Railway and Dominion Street community residences. Our children's services have also expanded to the former adult residence on West Lane as well as the Place of Safety also on Dominion. Clearly the demand for children's resources continues to rise and exceed the resources available in the community.

In April, after the completion of the provinces contract optimization project, MCRI signed a new children's service contract with Social Development. This new contract comes with the same service expectations plus some other extra service and administrative responsibilities but with substantially less provincial funding, making appropriate service delivery even more difficult. Maintaining the current level of children's services will be one of the more demanding challenges faced by the organization in the coming year.

In September MCRI closed our last adult community residence on West Lane due to funding restrictions. This community residence had been in existence for many decades and provided excellent service to persons who otherwise would have remained institutionalized. MCRI has since repurposed this valued community resource to our children's services.

Our AFLA program provides ongoing support for more than 40 members and continues to explore support models that include children. These valuable regional resources support persons that otherwise would be in less suitable and far more costly living arrangements. These support families share their lives with our members and provide care far beyond what is typically expected.

MCRI's Supported Independent Living Program has had many changes over the year. In 2017 Social Development began a several phase audit process of the program which has greatly reduced the flexibility and innovation of service models that previously provided many successful supports to individuals. As well this audit project continues to reduce funding on a case by case basis for necessities such as food and housing making the situation for many of the members in this program far more difficult. Our SILP team has been extremely busy finding new ways to continue the required supports and advocating for appropriate resources to accomplish the tasks we have been given.

On behalf of MCRI and our Board of Directors I want to thank all our dedicated staff for their exceptional efforts and professionalism. Personally I want to express my gratitude to our management team and supervisors. It is an honor to be the leader of this extraordinary organization and I am confident that as a team we can meet the challenges that we are faced with and continue to be successful.

Have fun Greg



## MEMBER NOMINATIONS

**Jose Serungendo** – for supporting his team members, following the house guidelines and keeping a positive attitude.

**Roger Marcoux** – Hard working, great attitude and performance. For helping with multiple Club meals.

**Assia Hussein** – For quickly adjusting to changes. Always supportive with kids and staff and eager to learn new things.

**Alvera Banyiyezako** – Is a great teacher, lots of patience, gives good explanations and has helped the student who is on placement. “Has made my job so much easier, she has been very supportive” Nat Lutes



*Don't limit your challenges, Challenge your limits*

## OTHER NOMINATIONS:

Richard Power  
Jessica Briggs  
Keith Compton  
Ronda Saulnier  
Christy Lewis  
Cyan Roop-Ross  
Marissa Swift

Chad Burgess  
Omar Traore  
Meghan Robbins  
Tina Pilgrim  
Lidia Wojcik  
Raven Ladham  
Michelle Novakovic

Nathalie Lutes x2  
Jackie LeBlanc x2  
Takieu Kemokai x2  
Scott Donovan x2  
Thomas Budrow x2  
Ryan C Richard x2  
Emery Nduwayo



**WHAT COMES EASY WON'T LAST. WHAT LASTS WON'T COME EASY.**

## Mandt Schedule

**Classes are held at the Club beginning at 9:15am until 1:15pm. Call Melanie (859-1829) or Jennifer (859-1827) to register.**

September 11, 18, 25 - Alison and Nathalie  
November 6, 13, 20 - Stephanie  
January 8, 15, 22 - Alison  
March 12, 19, 26 - Nathalie  
May 7, 14, 21 - Mavis

## STAFF MEETINGS

**West Lane** - September 6, October 11, November 15, December 20 (team)  
**AFLA** - September 13, October 18, November 22, December 27  
**Dominion** - September 20, October 25, November 29, January 3 (team)  
**SILP** - September 27, November 1, December 6, January 10 (team)  
**Railway** - October 4, November 8, December 13, January 17 (team)

*Difficult roads often lead to beautiful destinations*



## Years of Service

5 years	June	Dorothy Zoellner Alexandria Joyce
	July	Janice Breau Robert Breau
	June	Louine Lapointe Michelle Brewer
20 years	August	Gregory Hatton
30 years	June	Raymond Ayles Darlene Bourque Rose Leger Lyne LeBlanc Tony LeBlanc
35 years	August	Bruce Bishop



  
**KEEP**  
**CALM**  
 AND  
**HAPPY**  
**CANADA DAY**



## Birthdays

### June

Jacques Arsenault, Michelle Brewer, Amanda Price, Jeannie Hatton, Keith Compton, Marcel LeBlanc, Robert McCoubrey, Marie-Claire Richard, Joanne Bazin, Julia Ross, Normand Bourque, Roger Marcoux, Shawn Lemaire, Amanda Flanagan, Raymond Ayles, Miguel Power, Marie-Anne Cormier, Nomatter Kamanula, Terry LeBlanc, Courtney McDonnell, Lori Healey, Annie Bouchard, Tina Pilgrin, Agripina Vienneau, Marissa Swift, Rod McKinnon, Robert Bisanti.



### July

Gregory Hatton, Ronald Leblanc, Isabelle Cormier, Renée Boucher, Linda Bourgeois, Jeannine Pellerin, Katherine McFee, Darlene Bourque, Jacques Bernard, Kristian Maillet, Kristyn LeBlanc, Louine Lapointe, Alvera Banyiyezako, Katherine Savoie, Maria Matchett, Alvin Yorke, Teri MacKinnon, Thomas Budrow, Jordan Mitchell, Gad Byringiro, Kari Cunningham, Aniema Faith Ashogbon, Andrea Best, Lidia Wojcik, Kathy Bourgeois, Kathy Walsh, Mike Lake, Al Duguay.

### August

Gene Douthwright, Tim Estabrooks, Stephanie Cormier, Veronique Leblanc, Meghan Robbins, Doreen Maillet, Joel St Pierre, Maxime Maisonneuve, Lynn LeGresley, Zachary Rouselle, Loïc Faurel-Burns, Bernard Busungu, Emery NDUwayo, Sarah Octavious, Arsenii Prozorov, Aisha Cisse, Jillian Lavigne, Catherine Pissi, Cynthia Griffin, Pauline Goguen, Peter Smith, Darren Gauvin, Tonya Robichaud, Rene LeBreton.

*I don't know how to act my age. I've never been this old before.*

cakes come in such crazy shapes these days, eh?



**Happy Birthday!!**





# Dominion

Wow it's hard to believe summer is just around the corner and school will be ending soon. I'm sure the youth will enjoy the break, perhaps enjoying sleeping in a little. It's great to have some extra time to plan fun activities for our youth already some plans in the works. We would like to congratulate Nathalie on her new position, we will miss you but we know we will still see you often. We would like to wish one of our youth good luck, he has worked so hard to transition to another home. We are so proud of you ☺. We would like to welcome our new youth to our house as well.

I would like to welcome Jillian, Oda, Alex M to our team, and welcome back Pinkie.

Don't forget your sunscreen and stay hydrated during the summer. Youth are looking forward to planting some flowers in front, helping out with the vegetable garden and helping with some yard work. Also more opportunity to help out with grocery shopping.

Until next time have a great summer ☺



## WHAT TO DO THIS SUMMER WITH A LOW BUDGET?

Home Depot offers FREE Hands-on Workshops designed for children ages 5 - 12. Held on the 2nd Saturday of each month at The Home Depot store. They also offer workshops for adults.

Michaels Store holds craft workshops on a regular basis. Call for more information: (506) 853-8150

Outdoor Movie (Riverview) – Every second Friday nights at Caseley Park at dusk in the summer months.

Canada Day celebrations (Moncton, Riverview, Dieppe)

Outdoor Concerts - Weekly free concerts in Riverview, Moncton and Dieppe during the summer months.

Family Movie - The Town of Riverview presents a PG film one Saturday afternoon each month.

Take a drive to the Wind Turbine Farm in Albert County

Berry picking, beach combing, fly a kite, blow backyard bubbles,

Hiking (Free): Centennial park, Irishtown park, Mapleton park, Riverfront park, Dobson trail (Riverview), Mill Creek Park (Riverview), Rotary St-Anselme Park (Dieppe).

# AFLA NEWS

Hi Everyone,

Things have not changed much in the AFLA Program over the past few months. We have had to say goodbye to two of our people. Leonard Goguen and Mike Gormley have moved on to new placements. We will miss them! We would like to thank our wonderful caregivers for the excellent job they are doing. Keep up the good work! Until next time enjoy your summer with all it has to offer and please stay safe.

So sorry that Janice and Cassandra couldn't make to the BBQ these year. Hope Janice is better now. We can't appreciate enough all the sweets you both made for us. They are delicious!

Thank you to Linda Daigle and other staff that baked goodies for the BBQ as well. They went fast!!



## SILP NEWS

Well folks, it's time for another season of fun in the sun! SILP would like to welcome Cheri M., and Brian W. to our SILP family. As well, we would like to welcome Brittany B. this summer as our summer student. We are looking forward to everyone getting out there to enjoy this beautiful weather while it lasts. SILP would like to congratulate Lindsey T. on the birth of her beautiful baby girl Isabella! We would also like to wish good luck to Tobie B as she moved away. We will miss you Tobie! Congrats to Miguel P. on his new job at U de M. Last but not least, congrats and good luck to Joel St. Pierre as he was accepted into the CCRW program.

MCRI had their annual BBQ on June 20<sup>th</sup>, great time to enjoy good food and spend time with friends. As well, we will be going to Magic Mountain again this summer. We will send a memo out later with the details. In the meanwhile, don't forget to wear your sunscreen and check yourself/pets for ticks if you've been in or near a wooded area. Have a wonderful and safe summer everyone!

### Interview with Rose Leger

Q-How many years have you been with MCRI?

Rose: "Since 1988, so that makes it 30 years."

Q-Who is the first person you met with MCRI?

Rose: "My father introduced me to Connie West. She was a program operator with MCRI. She got me in the program."

Q-Who is your MCRI hero?

Rose: "Joanne Bhatnagar, she was a nice counselor."

Q-What is the best thing that happened to you last week?

Rose: "I won \$80.00 at Bingo!"

Q-What are your favorite activities?

Rose: "Bowling, music and playing cards"

What is the newest skill you have learned?

Rose: "Using my tablet and juke box!"

Thank you to all the staff and community members who have been donating their extra food to replenish our "food box". Because of your generosity, many of our members have been able to have access to food when they run out. Special thank you to Kim Steeves, MCRI's friend, who has supported this project consistently.

*I got excited when my son joined the cross-country team. But then I learned they don't cross the country and are back home in a few hours.*



# West Lane



Happy Spring/Summer to you all,

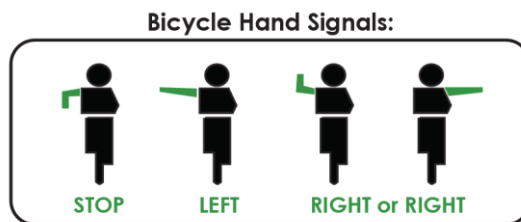
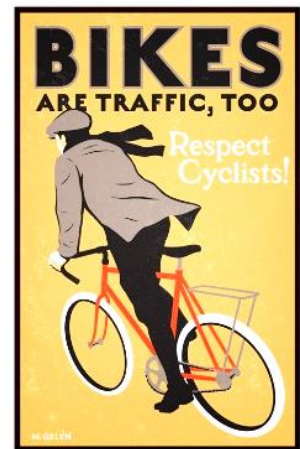
We are all getting anxious for the summer to get here and all the fun activities we have planned for the youth. Gardening, water fights, Tree go, fishing, barbecues, etc. One of the youth will be playing soccer for the summer and is getting really excited to start.

Welcome all new members to our West Lane team. We are all working hard at making our team great.

Moise and his wife are expecting a new baby at the end of July. Congratulations to you both.

Until next time be safe and have fun and don't forget your sunblock!

The West Lane Crew



*Meanwhile, in a parallel universe: "Oh for God's sake! Where are all these extra single socks coming from?!"*





# CLUB SHADES NEWS

GAME NIGHT WINNERS  
**CONGRATULATIONS!**



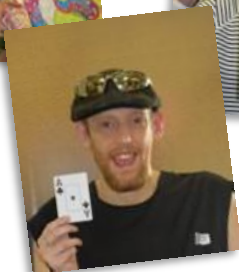
Tabletop Curling: Alice Collicott

Target Shooting: Diane Leger

Fishing Contest: Courtney McEachern

Chase the Ace: Maureen Murphy, Alice Collicott, Penny Mills, and Matthew Tingley

Domino Challenge: 1<sup>st</sup> place Matthew Tingley , 2<sup>nd</sup> place Penny Mills



## MCRI ANNUAL BARBECUE



MCRI annual BBQ was another success this year! Good food, great people and amazing weather combined to make the perfect day. Thank you to all of you that worked so hard to make this event possible!!



*Barbecue may not be the road to world peace, but it's a start. -Anthony Bourdain*



# Club Shades Wednesday Meal



Club Shades' members have been enjoying healthy meals thanks to the Community Action Plan Program (Government of New Brunswick), the work of community food mentors involved and, of course, Club Shades members, volunteers and staff that have been supporting this program and cooking a lot!

This project is offering a healthy meal once a week to Club Shades members (about 40- 45 individuals per week) and focusing on teaching food preparation / cooking skills to its members. We are trying to increase the amount of fruit and vegetables served and cooking from scratch while staying on a budget. We believe that eating healthy doesn't need to be expensive.

This project has had a great acceptance between members. More members are coming to Club Shades on Wednesdays and the empty plates / zero leftovers are the best expression of how much they enjoy the meals.

Thank you to all of you that have contributed with recipes, cooking tips, ingredients and time to make this project such a success.

Thank you kindly to Annie Soucy, registered dietician at Sobeys Vaughan Harvey who kindly delivered a presentation about nutrition to us.

Thank you to MCRI, Club Shades coordinator, Sobeys in Mountain Road, the Government of New Brunswick and other community partners who have supported this project contributing to improve food security in our community. Thank you kindly to all of you.



Sobeys on Mountain Road has been offering their manager discount to buy groceries for the Wednesday meal. Thank you!!!



Thank you to Jessica, Louine, Jeannine and Janice for all the baking you have been doing! We all appreciate your hard work. You are amazing bakers! Your notes with nutritional information are a real inspiration to eat healthy!



Thank you so much to Corey Saulnier for the coupons donated to MCRI for members to get hair washed, cut and styled. Your kindness means a lot to us and our members!

*You learn a lot about someone when you share a meal together. Anthony Bourdain*





## News From the garden!



A new garden has been built at West Lane thank the Government of New Brunswick, MCRI, and Community Food Mentors who put this project together. Besides growing organic vegetables, this project will focus on teaching youth how to grow food and how to use it. This will be an opportunity for youth to burn some energy, stay active, spend time outdoors and socialize with others. For those who are not into gardening, we are going to have other activities. You are welcome to come by any time.

Thank you to George and Mitch for building the raised beds, Alison for the design, and the youth and staff that shoveled dirt into the boxes.

Stay tuned since we are going to have more activities coming up soon: planting, painting the boxes with your favorite design, contests, etc. Every Friday pictures will be taken by youth photographer to keep track of the progress. Follow MCRI on Facebook for more updates!

## Sunflower Contest

West Lane Garden is having a sunflower contest!! Sunflower seeds will be sent to the youth houses. Names tags are going to be on the fence, please make sure that the youth plant their sunflowers under their names. For more information contact Alison or Mavis.



## Art in the garden.

West Lane Garden beds has four raised beds with lots of space for painting! Youth are invited to come by and decorate the boxes with their favorite designs!

*We may think that we are nurturing our gardens, but the truth is that our garden is nurturing us. ~ J. May*

Thank you to the youth that has been working hard in the garden. Magic Man hope your blister is better now!



*When my wife starts to sing I always go out and do some garden work so our neighbors can see there's no domestic violence going on.*

## La Recette

This recipe has been a contribution of Alison Caissie. We made it as part of the Wednesday Meal Program and it was a complete success!

### Slow Cooker Taco Soup

#### Ingredients:

- 1 ½ lb. of ground beef
- 1 pkg ranch dressing mix
- 1 can1 of tomatoes with chilies, undrained
- 1 can of corn, undrained
- 1 can of black beans
- ½ large onion, diced
- 1 green bell peppers, diced
- 2 cup tomato juice

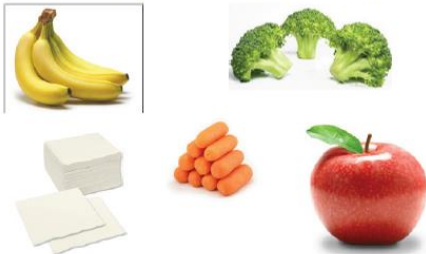



#### Directions:

1. Heat large skillet over medium heat, cook and stir beef until crumbly, evenly browned and not longer pink. Drain and discard any excess grease. Transfer beef to a large pot and sprinkle with the taco seasoning mix and ranch dressing mix.
2. Add the diced tomatoes and green chilies, corn and black beans, all with their liquid, to the pot. Stir the onion, bell pepper and tomato juice into the ground-beef mixture. Cook on low until the vegetables are completely tender, about 2 hours?

## Can I compost this?

DONT MAKE ME  
LAUGH  
i'm trying to be  
MAD  
AT YOU.

<u>YES</u>	<u>NO</u>
fruits, vegetables, paper napkins	bread, butter, salad dressing, meat, dairy products (milk, yogurt, cheese, cottage cheese)
	

Also: Leaves, grass clipping, branches, manure.

Also: No oils or fats, no weeds, no plastic or glass of any kind.

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<http://www.monctoncommunityresidences.com/newsletter/>