



Residential Express



SPRING

2019
Issue-147



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monctoncommunityresidences.com

Joke of the month

A man wrote to a hotel in Chicago where he was planning to stay, asking if he might bring his dog with him. “He is well-behaved and well-groomed. Will you permit him to stay with me in my room?”

Replied the hotel owner: “In 30 years, I’ve never had a dog steal bedclothes, towels, silverware, or pictures off the wall. I’ve never had to kick a dog out for being drunk and disorderly. And I’ve never had a dog skip out on a bill. So, yes, your dog is welcome at my hotel. And if your dog will vouch for you, you’re welcome to stay, too. ”



Mission Statement

Moncton Community Residences Incorporated is a non-profit organization that provides residential options and support for individuals with developmental challenges in the various aspects of their progressing lives.

♥ Happy
Mother's
Day



Message from the Editors

For the last 10 years, our CEO has been contributing to our newsletter. Looking back into those articles, we can see the consistency, work and dedication that Greg has put into our organization. Today we would like to recognize the work of Greg Blizzard our CEO, who in silence carries out difficult duties of the organization, but always passes the recognition to our employees and clients.

Since 2009, when Greg was appointed as our CEO, our organization has grown considerably. Today we manage four youth residences (versus one back in 2009), which has increased the number of our employees considerably, expanded our budget and administrative duties. In 2011 he was the key for the reconstruction of Railway; which became a youth residence and has been in full operation since. Another achievement has been the acquisition and construction of the four unit apartment building at Wesley, increasing the NB housing units we can offer to our SILP clients. This improves their ability to afford housing, and increases their quality of life.

Greg negotiated a better health plan for the employees; now more of what we pay goes towards our benefits vs administrative costs. He also was a big supporter of the Safe Living Project, which used the funds from the sale of the book "A Regular Folks Guide to Humanity" to help individuals cover the cost of their basic needs.

In 2015, the acquisition of the new office was a remarkable decision. The new building has improved our working conditions considerably. We are very thankful and proud of our new location! Good job Greg!

We thank Greg for how much he fought to maintain the adult residence at West Lane and managed to create new opportunities from this program. We appreciate his effort to maintain all staff employed and guide us through the transition to make the process as smooth as possible.

We appreciate the effort Greg has done to partner with the Atlantic Immigration Pilot Project. This has given our organization the ability to recruit more staff, when staffing has been critical for our industry. This initiative supports the economic development of our province while helping qualified workers make Canada their home.

During the last few years every department of our organization has been through difficult challenges as a result of contract changes. Regardless, we are proud to see that our services continue to surpass the requirements for the industry. During all the ups and downs and funding changes our organization has gone through, we appreciate Greg's decision to not compromise the quality of our services and having our clients as the priority for the organization.

Greg, on behalf of your administrative team, we just want to say we appreciate and admire how approachable and understanding you are. Thank you for the inspiration you are for us. We are lucky to have you!! .



MCRI is very grateful to have received a Provincial Award by the The Canadian Forces Liaison Council (CFLC), in recognition of Best Practices in Employer Support!! Thanks to Jordan Mitchell for our nomination to the Canadian Armed Forces - Reserve Force.



MEMBER NOMINATIONS

The Reporter - Has made great progress greeting people by tapping people on the shoulder. Was able to visit family for Christmas.

Natalie Lutes - For doing such a good job a supervisor, always being open, easy to talk to and respectful of her coworkers needs.

Kari Cunningham - Always positive and encourages a positive work atmosphere, her smile brightens up the workplace.

OTHER NOMINATIONS:

JOSE S
PRINCESS
RAY M
KRISTIEN C
NINJA

SCOTT D X2
GABRIELA S x2
ARSENII P x2
EMERY N

PAULINE G
MINION
CYRIKA G x2
OLDEST GIRL

You never know when a moment and a few sincere words can have an impact on a life.

-Zig Ziglar

Mandt Schedule

Classes are held at the Club beginning at 9:15am until 1:15pm. Call Melanie (859-1829) or Tracy Leblanc (875-1724) to register.

May 7, 14, 21 - Mavis

June 4, 11, 18 -Stephanie



STAFF MEETINGS

West Lane - May 30, June 27

AFLA - May 2

Dominion - May 9 (team), June 6

SILP - May 16 (team), June 13

Railway - May 23(team), June 20

266 DS - May 10, June 7

"I've come to a frightening conclusion that I am the decisive element in the classroom. It's my personal approach that creates the climate. It's my daily mood that makes the weather. As a teacher, I possess a tremendous power to make a child's life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or heal. In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a child humanized or dehumanized."

– Haim Ginott

Years of Service

5 years	March	Lori Feltham Wayne Feltham Veronique LeBlanc
30 years	April	Kelly Glencross
35 years	March	Joanne Bazin



Alison Caissie and Joanne Bazin have been members of MCRI for 35 years!



Greg Hatton 20 years anniversary with MCRI

Birthdays

March



Mitchell Rubin, Logan Turner, Brian Durelle, Larry McDuff, Stephane Landry, Penny Mills, Allan DePres, Patricia Hanrahan, James Walsh, Richard Martin, Nicole Lake, Donna DuGuay, Jo-Anne Reid, Wayne Feltham, Arthur Hopper, Brian Wood, Brittany Steeves, Mavis Rodriguez.

April

Maureen Murphy, Leo Bourque, Roger Donelle, Jordan Dawson, Jeremy Hudson, Kenny Babineau, ABrb Bennett, Mathieu Collette, Jamie Dobson, Inez White, Chad Burgess, Jessica Briggs, Rhonda McKinnon, Juliette Porelle, Linda Daigle, Taiwo Obaniyi, Martha Kisembo, Vanessa Chase, Olivier Hussein, Jacqueline McAllister, Stephanie Haynes, Gabriela Silverio, Kula Kemokai, Jacqueline LeBlanc, Patient Mulamba, Tainia Maillet.

May

Christa Babineau, Princess, Darrin Murray, Louise Poirier, Tammie Lane, Mathieu LeBlanc, Fraser Walsh, Raphael Melanson, Nicholas Cormier, Robert Maillet, Susan Trenholm, Diane Lepage, Cheri Moore, Elliot Justason, Nina LeBlanc, Darla Northup, Jane Umutoni, Tracy LeBlanc, Marissa Menard-Mallet,

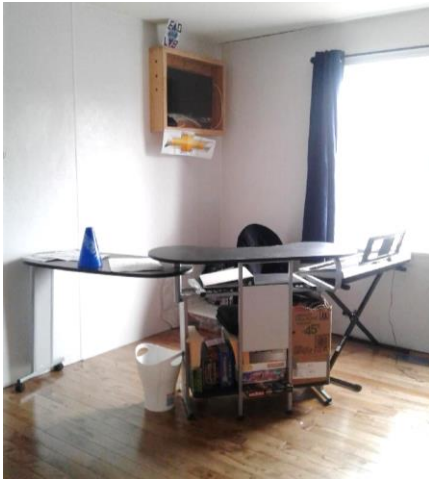


If you are not prioritizing the things you say you care about, consider the possibility that you don't actually care about those things. -Elle Luna, Artist & Designer



RAILWAY

HI EVERYONE, LOOKS LIKE SPRING MIGHT BE ON ITS WAY ☺ WE NOW HAVE 5 RESIDENTS AT RAILWAY, A BUSY TIME FOR SURE. WELCOME TO ALL THE NEW STAFF. I WOULD LIKE TO THANK ALL THE STAFF WHO BRAVED THE SNOW TO COME TO WORK DURING THE LAST STORM, EVERY STAFF SCHEDULED CAME IN! ALSO THANK YOU TO RYAN FOR PICKING UP STAFF AND DRIVING THEM TO WORK AT WEST LANE ☺



Thank you so much to Mollie Kirkpatrick for donating this desk! You made one of our youth very happy!!!

Use your head – wear a helmet!

Did you know that over 85% of all serious head injuries from bike falls could have been prevented by wearing a helmet?

Helmets work by absorbing the energy of an impact so that less force is transferred to the head.

Drivers can't avoid you if they can't see you. Make yourself visible to everyone on the road: wear bright clothing, and if you're biking during twilight hours or at night, put lights on your bicycle – both in front and in the back.

It is the law in New Brunswick to wear a helmet when riding a bike.



Don't wear perfume in the garden — unless you want to be pollinated by bees. ~Anne Raver





325 Dominion



It's hard to believe that spring is right around the corner after the long winter we have had. Even though we'll probably still have a few more snow storms, it's great to see our longer days of daylight ☺ It's great to see some handmade decorations up in the house that the youth have made with Jennifer our relief staff. Also some of the staff have great talent in making sure the chalk boards in the house have nice drawings and always looking special for each holiday that is celebrated. The youth enjoy this so much.

Thank you so much to Brylee for getting a free ticket for one of our youth to attend the Wild Cats game.

I would like to welcome Kristien and Kara S to the Dominion street team. I would also like to thank the staff who pick up extra shifts at the house and helped out with all the open lines we had. We also appreciate staff from other houses that pick up extra shifts and help us out when needed, and we are also thankful for our great relief workers that we have, we couldn't do it without you all.

The team at Dominion are looking forward to nicer weather and more sunshine, and wondering how long it will take for all these mountains of snow to disappear.

Happy Spring



OHANA means **Family**, family means **nobody** gets left behind

Thank you to 325 Dom staff for sharing their artistic talents and positive vibes!! Ohana!!

Wings are freedom only when they are wide open
in flight. On one's back they are a heavy weight.

-Marina Tsvetaeva

What you believe leads to how you behave

266 Dominion



Hello from everyone at 266 Dominion! The youth have had a busy winter with all of this snow: helping to shovel, and going sliding and skating! The youth have been going grocery shopping and cooking. We have chefs in training! They have also been enjoying time at the YMCA and have started swimming lessons.

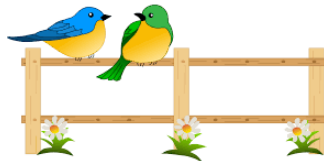
Welcome to the team: Faith K., Oliver H., Krista N., Oumar T., Lacey C. and Bobett C. Congratulations to Raven on getting her driver's license and getting her first car!

We are all looking forward to the spring weather, so more time can be spent outdoors.

Until next time, take care!



The Minions want to remind *everybody* at 266 Dominion to wear their jackets when going out in the cold, to drive safely and to collect lots of stickers to get rewarded!



Ladies, if a man says he will fix it, he will. There is no need to remind him every 6 months about it.



West Lane



Greetings from West Lane,

Well the snow is melting away and spring is in the air. Our days are getting longer which seems to be helping everyone's moods. The kids are getting excited to start planning some fun summer activities and to be done school for a couple of months. The zoo is definitely on our list. Other than that, things have been good here at the house lots memories being made and fun being had. "The key is to not take things so serious unless it IS something so serious." I just want to say a big thank you to the West Lane team for all the work they do to keep the house peaceful and happy it is greatly noticed and appreciated. Until next time Peace, Love and Happiness!

The West Lane Team



WANT TO GO FISHING?

Fish NB Days

June 1–2, 2019 and February 15–17, 2020



Anglers may fish for all species without purchasing a licence. However, anglers wishing to retain landlocked salmon from 48 cm to 63 cm (fork length) require a licence with tags. Non-residents may fish without a guide or licence on these days. All current bag limits, closures and other restrictions are still in effect on Fish NB Days. Access to private waters, Crown Reserve waters and Crown Leases requires the appropriate licences and landowner's permission.

You can bury a lot of troubles digging in the dirt. ~Author Unknown

AFLA



Hi everyone,

Things have been calm and quiet in the AFLA world these past few months. It has been a long winter but finally we are seeing a light at the end of the tunnel. It is so nice to see the sun warming up the earth again. We have had no new admissions or discharges in these last few months. I would like to congratulate Joanne Bazin on her 35 year anniversary as an MCRI member. That being said, her caregiver also deserves our congratulations as she also has been with MCRI for 35 years. Congratulations Alison!

That is all for now. Until next time, have a HAPPY EASTER!



Let your inner star shine

American Girl Blaire

Blaire Wilson is helping to plan for a wedding at her parents' bed and breakfast at Pleasant View Farm. There is lots to do before the big day. Blaire is a junior bride's maid to help out with the wedding planning for her friend cat. Will Blaire be able to pull off the wedding reasonably and find time for her friends and a great summer?

Contribution of Cassandra Doucette.



Your present circumstances don't have to define your future





SILP NEWS



We, SILP members, are welcoming spring as winter has been way too long! Looking forward to the yard work, gardening and nicer weather. SILP will participate in the gardening duties!

Congrats goes out to Joel St Pierre and Greg Hatton for the Volunteer Of The Year Award with the Moncton Wildcats.

Leo, Peter and Lu will participate in Special Olympics floor hockey in Toronto next May. Have fun guys!

We would also like to extend our Thanks and Good Luck wishes to Teri MacKinnon on her next goal in life with Corrections.



Joel Saint Pierre and Greg Hatton were recognized with the Volunteer of the Year Award by the Moncton Wild Cats. They have been big fans and supporters of this team for many year! Congratulations to both of you, well deserved!!

I matter. I matter equally. Not "if only" not "as long as". I matter. Full stop. -Chimamanda Adichie



Club Shades

Club Shades' Soup Extravaganza last March 21st was a complete success!!! We had a great turn out and support from the MCRI members and friends. The soups were super tasty (chicken soup, loaded potato soup and hamburger boodles soup) and the bread was just out of this world! The aroma in the office was irresistible and it was hard to wait until food was ready to be served.



We want to thank the big team of helpers who did the food preparation, serving and cleaning for this event. Also, thank you to all of you that donated food or got extra tickets to donate. Especially, thank you to our members, family and participants that supported this event and to all of you that came by and shared their time with us. Food is better with good company!!

We would like to thank UCT Council 758 for their generous donation to Club Shades. Thanks to this contribution Club Shades will be able to continue offering a healthy meal every Wednesday for its members.



MCRI's Annual Barbecue will take place on June 26th 2019. This will be a great time to get together with the big MCRI family and to enjoy great food.

Love is in the air! No, wait... that is BBQ. Never mind.

Just for Fun

Spring Wordsearch



Spring is finally here.
... I think ... Maybe
... Hopefully.



**MY MIND IS LIKE MY
INTERNET BROWSER**

**AT LEAST 19 OPEN TABS
3 OF THEM ARE FROZEN**

**AND I HAVEN NO CLUE WHERE
THE MUSIC IS COMING FROM**

Finally, my winter fat is gone. Now I have spring rolls.

What is going on in the garden?

Spring is officially here! As the days get longer and warmer, we start thinking about gardening again. This year we will continue with the vegetables garden at West Lane. We invite youth to join us for spring cleaning, planting and preparing the garden. There will be craft activities for youth and the picnic table and basketball net will set up for everyone to enjoy!

Pumpkin Contest!!

Grow your own pumpkin!



MCRI youth are invited to be part of the first pumpkin contest in our garden!

Seeds will be provided. Youth should plant them and take care of their pumpkin during the growing season. Youth growing the biggest pumpkin will receive a small prize and will be recognized in the newsletter. Every participant will be able to take their pumpkin home.



Nature never goes out of style.

La Recette

The beer bread served during the Soup Extravaganza was such a hit, that we are sharing the recipe with our members (Thanks to Alison Caissie!). Baking bread is always a great activity to do with others and an excellent way to bright up your supper!

Beer Bread

Ingredients:

- 2 ¾ Cups of white flour
- 2 tbsp. sugar
- 2tbsp. baking powder
- 1 tbsp. Garlic Plus spice blend
- 1 can of beer (room temperature)

Instructions: Mix dry ingredients, then mix with 1 can of beer. Scrape into a greased loaf pan. When baked brush with melted butter.



Eat Well. Live Well!!

In 2019 the new Canada's Food Guide was released. The new food guide is much wider in scope than the old, single-page rainbow food guide. It includes what Canadians should eat and how they should eat. Here are the main recommendations of the Canada's Food Guide on healthy eating:

- Have plenty of vegetables and fruits (visually: half your plate)
- Eat protein foods (visually: a quarter of your plate)
- Choose whole-grain foods (visually: a quarter of your plate)
- Make water your drink of choice



The new Canada Food Guide also reminds Canadians to cook more often, eat meals with others, be mindful of their eating habits, and enjoy food. It also advises us to use food labels, be aware of food marketing, and limit foods high in sodium, sugars or saturated fat. It also offers an online suite of resources including actionable advice, videos and even recipes at www.Canada.ca/FoodGuide/. Check it out!! Healthy eating habits are the beginning of great health!

“Take care of your body. It’s the only place you have to live.” ~Jim Rohn

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